

## What is mediation?

Mediation is a process where the people involved in a conflict try to resolve sticky issues with the support of an outside mediator. A mediation process can help parties who are in conflict listen to each other explain their perspectives and explore solutions that work for everyone.

The Alma Partners mediation team serves as a third party working with a school or organization to create a structured and safe space for difficult and courageous conversations.

A mediation process often begins with conflict coaching session(s) offered to each party involved in the dispute. Conflict coaching sessions help people get clear on the issues and prepare for productive participation in mediation.

Our mediation team is multi-partial and trained in helping parties talk about their needs and differences, while supporting the possibility of finding solutions that work for all parties.

Any agreements that come out of a mediation are voluntary, and subject to the informed consent of all parties. We believe that the values of direct communication and strong relationships held by Waldorf communities make mediation especially useful and effective for Waldorf schools.

Could mediation be a good approach for the issues your community is facing?

Contact Alma Partners to schedule a consult call with a member of our mediation team by emailing us or booking a short call: <a href="https://www.calendly.com/almapartners">www.calendly.com/almapartners</a>.